

Determinants of Diet and Physical Activity; Knowledge Hub to integrate and develop infrastructure for research across Europe

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A: Analysis of Diet & PA related Health & Quality of Life



B: Analysis of Diet & Nutrition, and Physical Activity



C: Analysis of determinants of Dietary & Nutrition Behaviors

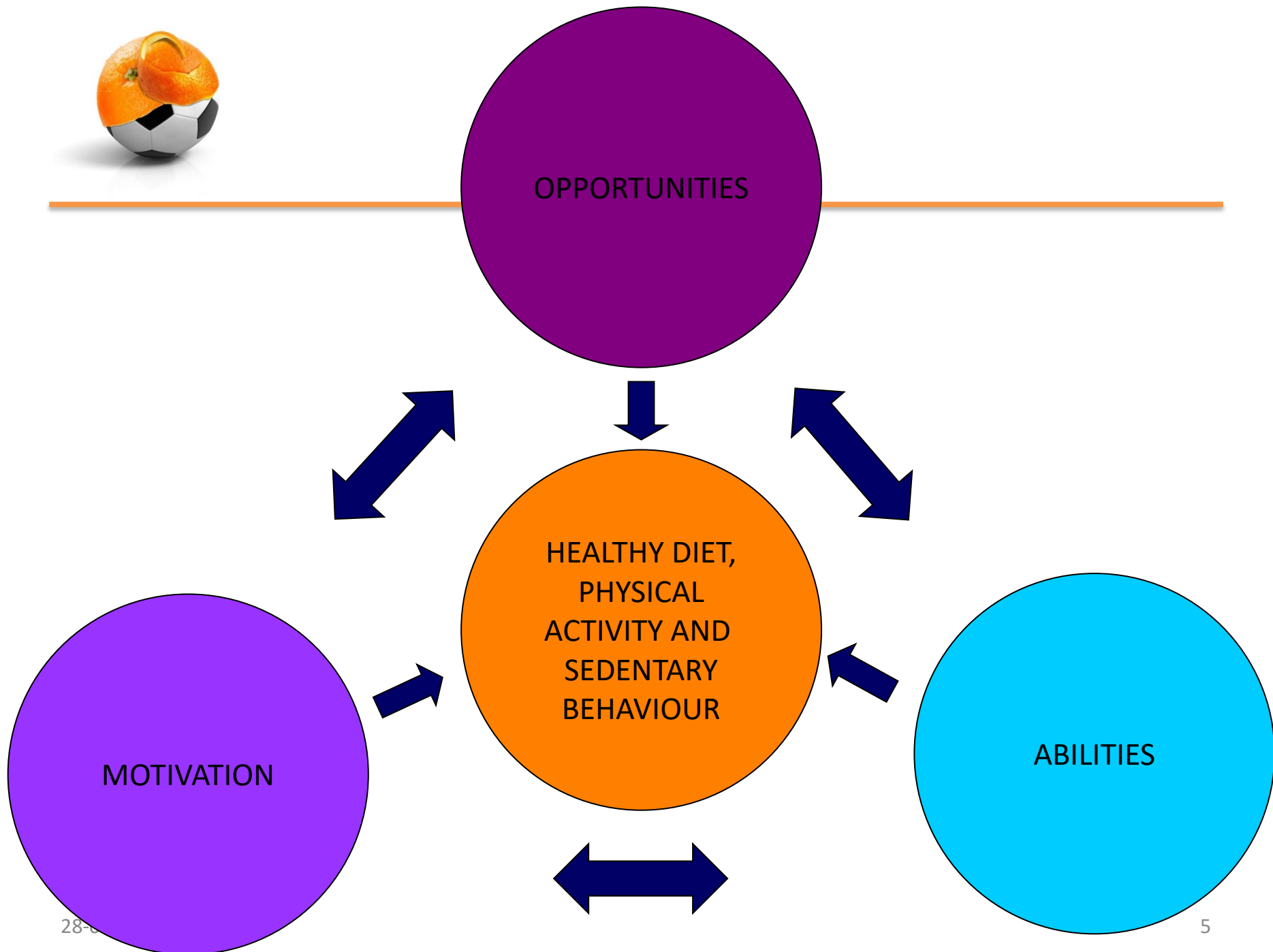


D: Intervention and policy development



E: Intervention and policy implementation & Dissemination

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DEDIPAC Knowledge Hub

- Joint Programming Initiative A Healthy Diet for a Healthy Life (JPI HDHL)
- Research area 1 - Determinants of diet and physical activity: ensuring the healthy choice is the easy choice for all consumers
- Pilot Action: DEDIPAC Knowledge Hub



DEDIPAC Knowledge Hub

“To understand the **determinants**, at both the individual and group levels, regarding **dietary, physical activity and sedentary behaviours** using a broad **multidisciplinary** approach, including biological, ecological, psychological, sociological, economic and other socio-economic perspectives, and their interrelationships and to **translate** this knowledge into a **more effective promotion** of a **healthy diet and physical activity.**”



DEDIPAC Knowledge Hub

- 1) Develop a network and infrastructure of researchers from different disciplines
- 2) Develop an online toolbox of best-practice and state-of-the-art methodologies for better harmonization and comparability
- 3) Pilot test and optimize these methodologies across the participating countries
- 4) Establish a critical mass in this research area



Participants

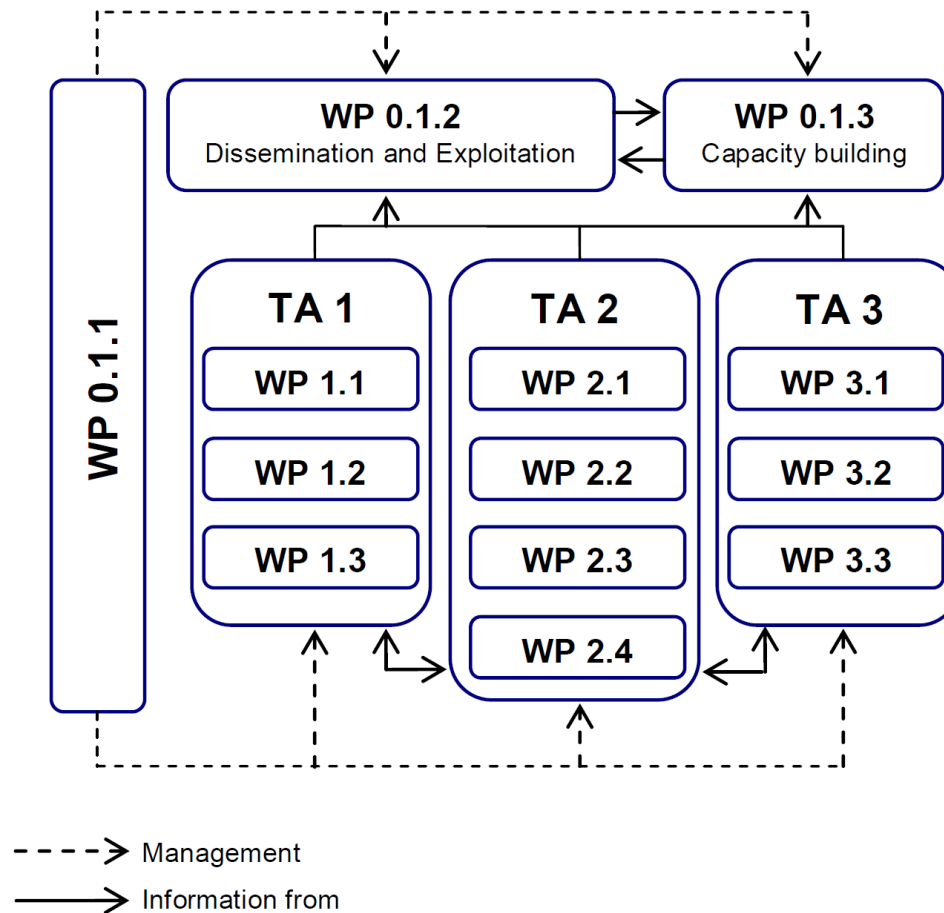


- 12 European countries
- 46 consortia
- 250+ researchers





Organisation





Thematic Area 1

Thematic Area 1: “Assessment and harmonisation of methods for future research, surveillance and monitoring, and evaluation of interventions and policies.”

TAL: Pieter van 't Veer (Netherlands)

Deputy TALs: Ulf Ekelund (Norway), Wolfgang Ahrens (Germany)

WP	WP1.1: Assessment and harmonisation of assessment of dietary intake and dietary behaviour	WP1.2: Assessment and harmonisation of assessment of physical activity and sedentary behaviours	WP1.3: Pan-European harmonisation of research and surveillance regarding dietary and physical activity behaviours and their determinants
WPL	L.F. Anderson, Norway	U. Ekelund, Norway	W. Ahrens, Germany
Deputy WPL	M. Schulze, Germany T. Kubiak, Germany	A. Donnelly, Ireland I. Hendriksen, Netherlands	A. Hebestreit, Germany M. Flechtner-Mors, Germany



Thematic Area 2

Thematic Area 2: “Determinants of dietary behaviour, physical activity and sedentary behaviour across the life course and in vulnerable groups.”

TAL: Nanna Lien (Norway)

Deputy TALs: Donal O’Gorman (Ireland), Mario Mazzocchi (Italy)

WP	WP2.1: Determinants of dietary behaviours across the life course	WP2.2: Determinants of physical activity behaviour across the life course	WP2.3: Determinants of sedentary behaviour across the life course	WP2.4: Social inequalities in determinants of dietary, physical activity and sedentary behaviours
WPL	B. Renner, Germany	L. Capranica, Italy	G. Cardon, Belgium	K. Stronks, Netherlands
Deputy WPL	D. Volkert, Germany	C. MacDonncha, Ireland	S. Chastin, UK	P. Monsivais, UK



Thematic Area 3

Thematic Area 3: “Evaluation and benchmarking of public health and policy interventions aimed at improving dietary behaviour, physical activity and sedentary behaviour across the life course”

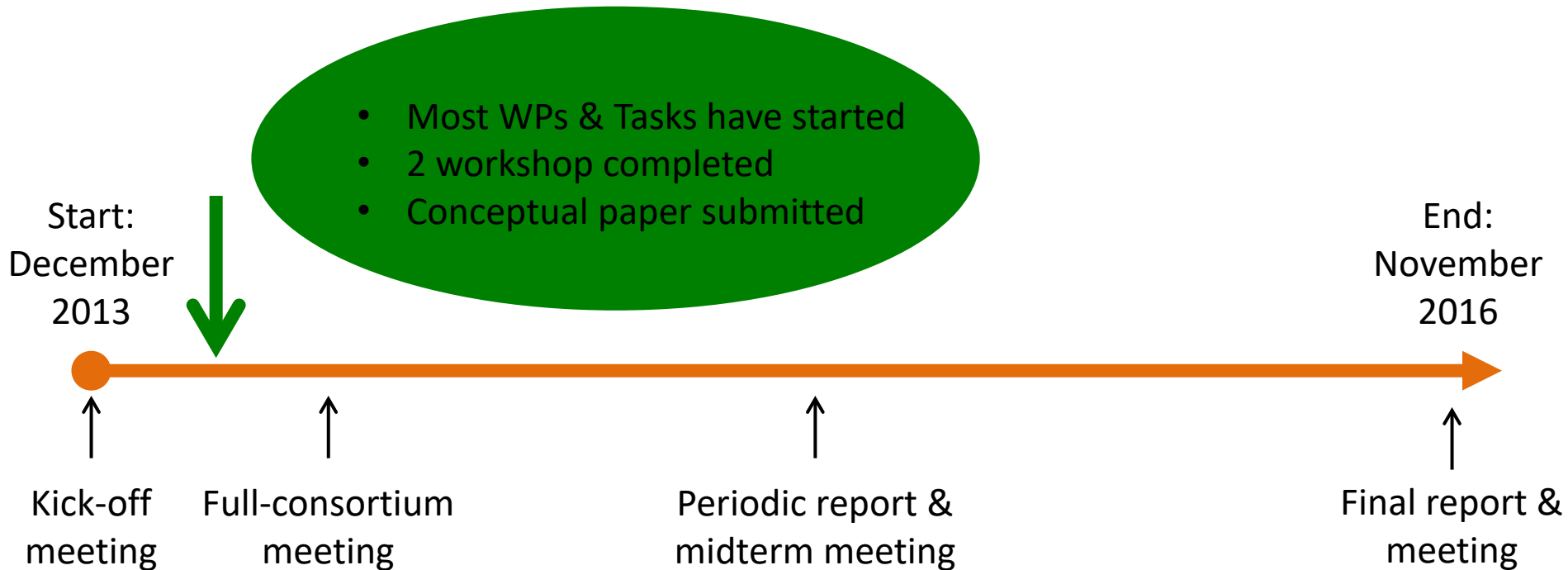
TAL: Ilse De Bourdeaudhuij (Belgium)

Deputy TAL: Marie Murphy (UK)

WP	WP3.1: Good practice policies and multi-component interventions for dietary behaviour, physical activity and sedentary behaviour including conditions for successful implementation across Europe	WP3.2: Development and pilot testing of a framework to develop, monitor and evaluate policies related to dietary behaviour, physical activity and sedentary behaviour using natural experiments across DEDIPAC member states	WP3.3: Development and pilot testing of a framework to develop, monitor and evaluate multi-component interventions related to dietary behaviour, physical activity and sedentary behaviour using natural experiments across European countries
WPL	G. Roos, Norway	O. Allais, France	J. Steinacker, Germany
Deputy WPL	J. Schuit, Netherlands	M. Lanza, Italy	C. Kelleher, Ireland



Current situation





DEDIPAC 2.0

- Toolkits of accepted and generally applied valid and reliable measurement of:
 - Diet, PA, sedentary behaviours,
 - Multilevel behavioural determinants,
 - Policy benchmarking and monitoring, accepted and applied across Europe
- Design, funding and start of a pan-European cohort study on multilevel determinants of diet, PA and sedentary behaviours
- True ongoing diet and PA policy monitoring and evaluations across Europe
- Extending and continuing the consortium...
 - Ensure additional and continuation of funding beyond 2015
 - Further enrich the consortium's expertise
 - Include more countries



DEDIPAC
Determinants of diet & physical activity



May 15-16

DEDIPAC full consrtium meeting

dedipac@vumc.nl

www.dedipac.eu

(...live in May...)