

Programme HDHL Conference 2026

Turning Evidence into *Action*

21 April 2026 | Herman Teirlinck Building, Brussels

9:00–9:30

Registration & Welcome Coffee

00.11 Auditorium foyer

9:30–9:45

Opening Keynote

*Eileen Gibney, Chair of HDHL & Director UCD
Institute of Food and Health, Professor of Nutrition*

00.11 Auditorium

9:45–10:00

**Keynote Speech: Priorities for
Changing Food Environments**

**WHO's Experience in Addressing Opposition to
Policies that Make Europe Healthy**
*Kremlin Wickramasinghe, WHO Regional Adviser
for Nutrition, Physical Activity and Obesity
Prevention and Health Promotion (PHP)*

00.11 Auditorium

10:00–10:30

Panel 1: The Evidence is Building

**What Can We Do Now to Address Resistance to
Changing Food Environments in Europe?**
*Kremlin Wickramasinghe, Greg Garrett, Sara
Lamonaca, and Milka Sokolović*

00.11 Auditorium

10:30–11:00

**Panel 2: Changing the Way We Do
(Action) Research and Develop Policy**

**Whose Voices Are Heard, Whose Knowledge is
Included, and Who Decides?**
*Eileen Gibney, Fabrice DeClerck, Anant Jani,
and Milka Sokolović*

00.11 Auditorium

11:00–11:30

NETWORKING BREAK

00.01 Binnentuin

11:30–13:00

**BREAKOUT
SESSIONS**

Policy Lab (Part 1)

**Navigating Power Relations That Impede Action
and Policies for Healthy and Sustainable Food
Environments**

*Co-created with EAT, CLEVERFOOD,
HDHL Food4Health and FEAST*

00.07 Polyvalente
ruimte

Science to Policy:

Thinking Beyond Research Projects and Results
Lene Hegelund and Anja Skjoldborg Hansen

01.04 Transitielab

13:00–14:00	LUNCH BREAK	00.01 Binnentuin
14:00–16:00	Policy Lab (Part 2) Defining Concrete Action Areas for Balancing Power Relations <i>Co-created with EAT, CLEVERFOOD, HDHL Food4Health and FEAST</i>	00.07 Polyvalente ruimte
BREAKOUT SESSIONS	Strategies to Tackle Undernutrition in Older Adults Implications for Implementation and Action <i>Paula Varela, Claire McEvoy, Francesco Galli, Amedeo Amedei, Claire Sulmont-Rossé, and Clare Corish</i>	01.04 Transitielab
	Food Equity Addressing Vulnerability in Health and Food Systems <i>John Mathers, Alba Gil, Amelia Lake, and Luc Hagens</i>	01.05 Isala van Diest
16:00–16:15	NETWORKING BREAK	00.01 Binnentuin
16:15–17:00	Closing Session for Action Reflections and Next Steps for Advancing Action and Policy Towards Healthy and Sustainable Food Environments in Europe	00.11 Auditorium
17:00–17:15	Closing Remarks <i>Eileen Gibney and Edith Feskens</i>	00.11 Auditorium
17:15–18:00	NETWORKING DRINKS	00.01 Binnentuin



For Healthy Diets and
Healthy Lives on a
Healthy Planet, for All